



EWG's Guide to Safer Sunscreens

Be safe in the sun this summer

ewg.org/sunscreen

EWG's sunscreen database rates the safety and efficacy of sunscreens and other products with SPF. We recommend products that provide long lasting, broad spectrum protection, with ingredients that pose fewer health concerns.



ingredients

products

AVOID

Oxybenzone
Vitamin A (retinyl palmitate)
Added insect repellent

Sprays
Powders
SPF above 50

AVOID

LOOK FOR

Zinc oxide
Avobenzone
Mexoryl SX

Cream
Broad - spectrum protection
Water-resistant
SPF to suit your needs, 15-50

LOOK FOR

Want to know more? Visit www.ewg.org/sunscreen



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